

PATIENT INSTRUCTIONS – SEMEN COLLECTION



1. Abstain from sexual intercourse or masturbation for at least 2 days but no longer than 7 days prior to collection.
2. Collect the specimen by masturbating and ejaculating directly into the clean plastic container provided by the laboratory. If this is not possible, consult your provider. Do not use condoms, lubricants, or any other materials that could contaminate the specimen.
3. Collect the entire ejaculate, taking care not to lose any of the specimen.
4. Deliver the specimen to the laboratory within 30 minutes of collection. During transport, keep the container close to your body, such as in a pocket, to maintain warmth and protect it from extreme temperatures.

Patient,

Please fill out the form below and return this with your specimen:

Patient Name: _____

Date of Birth: _____

Collection Date & Time: _____

Days of Abstinence (Number of days with no sexual intercourse or masturbation – Must be between 2 and 7 days): _____

Please circle method of collection: Masturbation Other (explain) _____

Please circle type of collection container: Sterile Plastic Other (explain) _____

Describe any collection or transport problems: _____

INTERNAL USE ONLY (Pendleton):

Received Time	Test Start Time	Liquefaction (Complete/Incomplete)	Viscosity (Normal/Abnormal)
Color	Volume (mL)	pH	WBC (<1/≥1)
Vitality Slide 1 (%)	Vitality Slide 2 (%)	Average Vitality (%)	QC OK?