



### PATIENT INSTRUCTIONS – SEMEN COLLECTION

1. Abstain from sexual intercourse or masturbation for 2-7 days, but no longer than 7 days prior to collection.
2. Collect the specimen by masturbation and ejaculate into a clean plastic container provided by the laboratory. If masturbation is not possible, please consult with your doctor or the Hematology supervisor at the lab. The use of a condom is not acceptable.
3. Care must be taken to ensure that **none** of the semen sample is lost during collection.
4. Deliver the specimen to the laboratory within one hour of collection. Keep the specimen warm by placing the container in a pocket or close to the body during transport to the lab. Avoid temperature extremes during delivery to the lab.

**Patient,**

**Please fill out the form below and return this with your specimen:**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Collection Date & Time: \_\_\_\_\_ Days of Abstinence: \_\_\_\_\_

Please circle method of collection:    Masturbation    Other (explain) \_\_\_\_\_

Please circle type of collection container:    Sterile Plastic    Other (explain) \_\_\_\_\_

Time Delivered to Lab: \_\_\_\_\_

Describe any collection or transport problems:

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