



PATIENT INSTRUCTIONS FOR SELF CT/GC APTIMA COLLECTIONS

Wash your hands before starting.

Patient Instructions for Vaginal Swab Specimen Collection and Handling

Note: For patient-collected vaginal swab specimen collection, ensure that patients read the Patient Collection Instructions before providing them with a collection kit. Instructions for vaginal swab specimen collection:

1. Partially peel open the swab package. Remove the swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, use a new Aptima Multitest Swab Specimen Collection Kit.
2. Hold the swab, placing your thumb and forefinger in the middle of the swab shaft covering the score line. Do not hold the swab shaft below the score line.
3. Carefully insert the swab into the vagina about 2 inches (5 cm) past the entrance and gently rotate the swab for 10 to 30 seconds. Make sure the swab touches the walls of the vagina so that moisture is absorbed by the swab and then withdraw the swab without touching the skin.
4. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, use a new Aptima Multitest Swab Specimen Collection Kit.
5. Immediately place the swab into the transport tube so that the score line is at the top of the tube.
6. Carefully break the swab shaft at the score line against the side of the tube.
7. Immediately discard the top portion of the swab shaft.
8. Tightly screw the cap onto the tube.
9. Label the tube with full name and DOB.
10. Return Sample to Interpath Laboratory.

Patient Instructions for Penile Meatal Swab Specimen Collection and Handling

Note: For patient-collected penile meatal swab specimen collection, ensure that patients read the Patient Collection Instructions before providing them with a collection kit. Instructions for penile meatal swab specimen collection:

1. Partially peel open the swab package. Remove the swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, use a new Aptima Multitest Swab Specimen Collection Kit.
2. Hold the swab, placing your thumb and forefinger in the middle of the swab shaft covering the score line. Do not hold the swab shaft below the score line.
3. Roll the swab on the tip of the penis, outside the opening of the penis (hole through which urine is passed). It is not necessary to put the swab inside the opening of the penis. Make

sure to roll the swab all the way around the opening of the penis to get the best sample. Ensure the swab does not touch any other area of the skin.

4. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, use a new Aptima Multitest Swab Specimen Collection Kit.
5. Immediately place the swab into the transport tube so that the score line is at the top of the tube.
6. Carefully break the swab shaft at the score line against the side of the tube.
7. Immediately discard the top portion of the swab shaft.
8. Tightly screw the cap onto the tube.
9. Label the tube with full name and DOB.
10. Return Sample to Interpath Laboratory.

Patient Instructions for Lesion Swab Specimen Collection and Handling

Note: Do not use disinfectants or cleaners on the lesion before the specimen is collected. Instructions for lesion swab specimen collection:

1. Partially peel open the swab package. Remove the swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, use a new Aptima Multitest Swab Specimen Collection kit.
2. Hold the swab, placing your thumb and forefinger in the middle of the swab shaft covering the score line. Do not hold the swab shaft below the score line.
3. If needed, expose the base of the lesion to access fluid.
4. Vigorously swab the base of the lesion to absorb fluid, being careful not to draw blood. Withdraw the swab without touching any other site outside the lesion.
5. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, use a new Aptima Multitest Swab Specimen Collection kit.
6. Immediately place the swab into the transport tube so that the score line is at the top of the tube.
7. Carefully break the swab shaft at the score line against the side of the tube.
8. Discard the top portion of the swab shaft.
9. Tightly screw the cap onto the tube.
10. Label the tube with full name and DOB.
11. Return Sample to Interpath Laboratory.

Patient Instructions for Rectal Swab Specimens Collection and Handling

Note: For patient-collected rectal swab specimen collection, ensure that patients read the Patient Collection Instructions before providing them with a collection kit. Instructions for rectal swab specimen collection:

1. Partially peel open the swab package. Remove the swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, use a new Aptima Multitest Swab Specimen Collection Kit.
2. Hold the swab, placing your thumb and forefinger in the middle of the swab shaft covering the score line. Do not hold the swab shaft below the score line.
3. Carefully insert the swab into the rectum about 1-2 inches (3-5 cm) past the anal margin and gently rotate the swab for 5 to 10 seconds. Withdraw the swab without touching the skin.
4. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, use a new Aptima Multitest Swab Specimen Collection Kit.

5. Immediately place the swab into the transport tube so that the score line is at the top of the tube.
6. Carefully break the swab shaft at the score line against the side of the tube.
7. Immediately discard the top portion of the swab shaft.
8. Tightly screw the cap onto the tube.
9. Label the tube with full name and DOB.
10. Return Sample to Interpath Laboratory.

Patient Instructions for Throat Swab Specimens Collection and Handling

Note: For patient-collected throat swab specimen collection, ensure that patients read the Patient Collection Instructions before providing them with a collection kit. Instructions for throat swab specimen collection:

1. Partially peel open the swab package. Remove the swab. Do not touch the soft tip or lay the swab down. If the soft tip is touched, the swab is laid down, or the swab is dropped, use a new Aptima Multitest Swab Specimen Collection Kit.
2. Hold the swab, placing your thumb and forefinger in the middle of the swab shaft covering the score line. Do not hold the swab shaft below the score line.
3. Carefully insert the swab into the throat ensuring contact with bilateral tonsils (if present) and the posterior pharyngeal wall, then withdraw the swab without touching the inside of the cheeks or tongue.
4. While holding the swab in the same hand, unscrew the cap from the tube. Do not spill the contents of the tube. If the contents of the tube are spilled, use a new Aptima Multitest Swab Specimen Collection Kit.
5. Immediately place the swab into the transport tube so that the score line is at the top of the tube.
6. Carefully break the swab shaft at the score line against the side of the tube.
7. Immediately discard the top portion of the swab shaft.
8. Tightly screw the cap onto the tube.
9. Label the tube with full name and DOB.
10. Return Sample to Interpath Laboratory.

Specimen Transport and Storage

Multitest swab specimens must be transported to the laboratory in the provided swab specimen transport medium and tube. If you have any questions, please call Interpath Client Services at 1(800) 700-6891.