

PATIENT INSTRUCTIONS FOR OCCULT BLOOD STOOL COLLECTION

Dear Patient:

You have been asked by your physician to collect a stool specimen. Please read and follow the instructions provided below. ***Please consult your physician before changing your diet or medications.*** If you have any further questions, please call Interpath Client Services at 1(800) 700-6891 or (541) 278-4730.

1. Fill in all required information on the sampling bottle.



2. Place supplied collection paper inside toilet bowl on top of water.



3. Deposit stool sample on top of collection paper.

4. Open the sample bottle by twisting and lifting the green cap.



5. Collect your sample from the stool before the paper sinks and the stool touches water.



6. Scrape the surface of the stool with the green sample probe. Cover the grooved portion of the green sample probe completely with stool.



7. Insert the green sample probe into the sampling bottle and snap on tightly. Do NOT reopen.



8. Flush. The collection paper is biodegradable and will not harm septic systems.
9. Wash your hands and the outside of the sampling bottle.
10. Wrap the sampling bottle in the absorbant pad, place in the biohazard bag and seal the biohazard bag.



11. Place the biohazard bag in the cardboard return mailer and place in the U.S. Mail within 24 hours of sample collection.

